



Interactive Nutrition Menu

Last Updated: 06/05/2025

	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
--	----------	---------------	-------------------	---------------	------------------	-------------	-------------------------	-------------------	------------	-------------

Tacos

Beer Battered Fish Taco	230	9	2	0	35	930	28	2	1	11
Carne Asada Steak Street Taco	120	3.5	1.5	0	25	420	14	1	1	10
Carne Asada Steak Street Taco Guac'd Up	140	4.5	1.5	0	25	460	15	2	1	10
Chipotle Crispy Chicken Guac'd Up Taco	260	13	4	0	25	730	23	1	1	9
Chipotle Crispy Chicken Taco	240	12	3.5	0	25	690	22	1	1	9
Crunchtada Tostada	330	14	4.5	0	20	400	41	8	1	12
Grilled Chicken Taco	210	12	3	0	45	510	15	1	1	11
Ranch Crispy Chicken Guac'd Up Taco	250	13	4	0	30	740	24	2	1	10
Ranch Crispy Chicken Taco	240	12	4	0	30	700	22	1	1	9
Snack Taco	120	7	3	0	20	135	8	0	1	6
The Del Taco	300	20	11	0	60	520	14	2	2	16

Classic Burritos

8 Layer Veggie Burrito	520	17	7	0	30	1,310	70	9	3	16
Bean & Cheese Burrito (Green)	440	10	4.5	0	20	1,210	69	13	0	19
Bean & Cheese Burrito (Red)	460	10	4.5	0	20	1,180	68	13	0	19
Chicken Cheddar Roller (Chipotle)	280	12	3	0	40	730	30	0	0	13
Chicken Cheddar Roller (Original)	250	9	2.5	0	40	750	30	0	0	13
Chicken Cheddar Roller (Ranch)	270	12	3	0	40	730	30	0	0	13
Del Beef Burrito	470	22	10	0.5	70	1,180	39	3	2	24
Del Combo Beef & Bean Burrito	470	16	8	0	45	1,170	53	8	1	22
Grilled Chicken Burrito	560	34	7	0	95	1,200	40	0	2	24

Epic Burritos

Epic Carne Asada Steak Cali Bacon Burrito	1,050	60	22	1	155	2,600	73	4	4	51
Epic Carne Asada Steak Fresh Guacamole Burrito	750	25	8	1	75	2,580	89	10	4	41
Epic Carne Asada Steak Loaded Queso Burrito	890	44	19	1	130	3,130	75	2	4	47
Epic Combo Beef & Bean Burrito	900	38	19	1	105	2,080	91	16	7	43
Epic Grilled Chicken Cali Bacon Burrito	1,020	60	18	0	170	2,240	72	4	3	46

	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Epic Grilled Chicken Fresh Guacamole Burrito	720	25	4.5	0	90	2,220	87	10	3	37
Epic Grilled Chicken Loaded Queso Burrito	860	45	15	0	150	2,770	73	2	3	43

Quesadillas

Cheddar Quesadilla	480	27	16	0	85	1,030	35	1	0	22
Chicken Cheddar Quesadilla	540	30	16	0	115	1,250	36	1	0	29
Mini Cheddar Quesadilla	130	6	3.5	0	15	290	13	1	0	5

Nachos & Chips

3 Layer Queso Nachos	330	15	3.5	0	10	730	44	7	1	10
Chips & Fresh House-made Guac (Snack-sized)	170	11	1.5	0	0	220	18	2	1	2
Queso Loaded Nachos (Carne Asada Steak)	970	47	16	0.5	100	2,800	99	15	6	43
Queso Loaded Nachos (Grilled Chicken)	950	47	14	0	110	2,560	98	15	6	40
Queso Loaded Nachos (Seasoned Beef)	1,030	54	20	1	100	2,580	99	17	8	41

Burgers & Fries

3 Pc. Crispy Chicken & Fries Box (Chipotle Dipping Sauce)	720	51	9	0	60	1,770	45	0	2	18
3 Pc. Crispy Chicken & Fries Box (Ranch Dipping Sauce)	710	50	9	0	70	1,820	47	0	2	20
Carne Asada Steak Fries	760	56	14	0	75	1,190	45	6	1	21
Chili Cheddar Fries	570	35	11	0	50	920	42	5	1	15
Crinkle Cut Fries (Large)	410	25	4	0	0	480	43	5	0	5
Crinkle Cut Fries (Regular)	320	19	3	0	0	370	34	4	0	4
Deluxe Chili Cheddar Fries	610	37	13	0	60	930	44	6	2	16
Double Del Cheeseburger	690	47	18	2	125	1,230	35	1	7	30

Breakfast

Breakfast Burrito (Bacon)	520	26	9	0	275	1,540	36	2	0	30
Breakfast Burrito (Carne Asada Steak)	450	19	8	0	260	1,290	38	0	1	25
Breakfast Burrito (Egg & Cheese)	380	16	7	0	235	950	35	2	0	16
Breakfast Roller (Bacon)	290	14	5	0	140	860	24	1	0	16
Breakfast Roller (Egg & Cheese)	250	11	5	0	125	610	24	1	0	11
Donut Bites (4 Pc.)	240	16	6	0	0	150	22	1	8	3
Hashbrown Sticks (5 Pc.)	230	17	3.5	0	0	180	18	0	0	0

	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
--	----------	---------------	-------------------	---------------	------------------	-------------	-------------------------	-------------------	------------	-------------

Shakes & Desserts

Caramel Cheesecake Bites (2 Pc.)	410	23	8	0	25	500	48	0	16	7
Large Shake (Chocolate)	880	13	8	0	50	540	165	0	134	22
Large Shake (Strawberry)	820	13	8	0	50	440	153	0	130	21
Large Shake (Vanilla)	730	13	8	0	50	420	131	0	110	21
Mango Pineapple Poppers Shake (Large)	870	13	8	0	50	420	164	0	140	21
Mango Pineapple Poppers Shake (Regular)	540	9	5	0	35	270	102	0	87	14
Mini Cinnamon Churros (2 Pc.)	200	10	1.5	0	15	125	25	1	8	1
Regular Shake (Chocolate)	550	9	5	0	35	330	102	0	83	14
Regular Shake (Strawberry)	520	9	5	0	35	280	96	0	82	14
Regular Shake (Vanilla)	480	9	5	0	35	270	85	0	72	14

Sauce Packets

Del Inferno Hot Sauce Packet	5	0	0	0	0	80	1	0	0	0
Del Scorcho Hot Sauce Packet	0	0	0	0	0	60	0	0	0	0
Ketchup Packet	10	0	0	0	0	80	2	0	2	0
Mild Hot Sauce Packet	0	0	0	0	0	30	0	0	0	0

Drinks

Bottled Water	0	0	0	0	0	10	0	0	0	0
Hot Coffee	10	0	0	0	0	0	2	0	0	0
Iced Coffee (Large)	250	4	2	0	15	105	50	0	43	5
Iced Coffee (Regular)	150	2	1	0	10	65	29	0	26	3
Mango Pineapple Poppers Lemonade (Large)	130	0	0	0	0	15	33	0	30	0
Mango Pineapple Poppers Lemonade (Regular)	70	0	0	0	0	10	17	0	15	0
Mango Pineapple Poppers Sprite (Large)	150	0	0	0	0	15	39	0	36	0
Mango Pineapple Poppers Sprite (Regular)	80	0	0	0	0	15	21	0	20	0
Real Strawberry Lemonade (Large)	90	0	0	0	0	30	22	0	20	0
Real Strawberry Lemonade (Regular)	45	0	0	0	0	20	11	0	10	0
Simply Orange	160	0	0	0	0	0	37	0	33	2

Fountain Drinks

Barq's Root Beer (Large)	370	0	0	0	0	170	101	0	101	0
Barq's Root Beer (Regular)	300	0	0	0	0	140	81	0	80	0
Coca-Cola (Large)	370	0	0	0	0	100	100	0	100	0

	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Coca-Cola (Regular)	290	0	0	0	0	80	80	0	80	0
Coca-Cola Cherry (Large)	380	0	0	0	0	105	105	0	105	0
Coca-Cola Cherry (Regular)	310	0	0	0	0	80	84	0	84	0
Coca-Cola ZeroSugar (Large)	0	0	0	0	0	100	0	0	0	0
Coca-Cola ZeroSugar (Regular)	0	0	0	0	0	80	0	0	0	0
Diet Coke (Large)	0	0	0	0	0	120	1	0	0	0
Diet Coke (Regular)	0	0	0	0	0	95	1	0	0	0
Dr Pepper (Large)	360	0	0	0	0	110	98	0	96	0
Dr Pepper (Regular)	290	0	0	0	0	90	78	0	77	0
Fanta Orange (Large)	370	0	0	0	0	100	99	0	99	0
Fanta Orange (Regular)	300	0	0	0	0	75	79	0	79	0
Fuze Raspberry Iced Tea (Large)	210	0	0	0	0	125	56	0	55	0
Fuze Raspberry Iced Tea (Regular)	180	0	0	0	0	110	48	0	48	0
Hi-C Flashin' Fruit Punch (Large)	390	0	0	0	0	180	106	0	103	0
Hi-C Flashin' Fruit Punch (Regular)	310	0	0	0	0	150	85	0	83	0
Mello Yello (Large)	390	0	0	0	0	125	109	0	109	0
Mello Yello (Regular)	310	0	0	0	0	100	87	0	87	0
Minute Maid Zero Sugar Lemonade (Large)	15	0	0	0	0	105	5	0	0	0
Minute Maid Zero Sugar Lemonade (Regular)	15	0	0	0	0	85	4	0	0	0
POWERADE Mountain Berry Blast (Large)	210	0	0	0	0	280	55	0	55	0
POWERADE Mountain Berry Blast (Regular)	170	0	0	0	0	220	44	0	44	0
Sprite (Large)	350	0	0	0	0	180	93	0	93	0
Sprite (Regular)	280	0	0	0	0	140	75	0	75	0

Last Updated: 06/05/2025



Please note that these nutrition values are estimated based on our standard serving portions. As food servings may have a slight variance each time you visit, please expect these values to be with in 10% +/- of your actual meal. If you have any questions about our nutrition calculator, please contact Nutritionix. [\[Full Disclaimer\]](#)